



Sensory (and more) Books for Kids to Read

Cook, Julia. *The Ant Hill Disaster*. (Addresses being afraid to go back to school)

Cook, Julia. *But It's Just a Game*. (Addresses excessive video game playing)

Cook, Julia. *Decibella and Her 6-inch Voice*. (Keeping your volume in control)

Cook, Julia. *It's Hard to Be a Verb!* (A book about focusing)

Cook, Julia. *My Mouth is a Volcano!* (A book about impulse control when talking)

Cook, Julia. *Personal Space Camp*. (Keeping your hands inside your space bubble)

Cook, Julia. *Soda Pop Head*. (A book about self-modulating when angry)

Cook, Julia. *Wilma Jean the Worry Machine*. (A book about anxiety)

Harding, Jennie. *Ellie Bean the Drama Queen: A Children's Book about Sensory Processing Disorder*.

Farrington, Lynda. *Squirmy Wormy: How I Learned to Help Myself*.

Laird, Chynna. *I'm Not Weird, I have Sensory Processing Disorder*.

Mulcahy, William. *Zach Gets Frustrated (Zach Rules Series)*.

My Sensory Book: Working Together to Explore Sensory Issues and the Big Feelings They Can Cause. A Workbook for Parents, Professionals, and Children.

Renna, Diane. *Meghan's World: The Story of One Girl's Triumph over Sensory Processing Disorder*.

Roth-Fisch, Marla. *Sensitive Sam: Sam's Sensory Adventure Has a Happy Ending*.

Steiner, Hartley. *This is Gabriel: Making Sense of School*.

Veenendall, Jennifer. *Arnie and his School Tools: Simple Sensory Solutions that Build Success*.

Veenendall, Jennifer. *Why Does Izzy Cover Her Ears? Dealing with Sensory Overload*.